

2026 GLYTA TIMELINE

January 16–18 • Silent Reflections: A New Year Hatha Retreat • SOM and GLYTA

February 20–22 • Rest, Relax, Restore: Winter Hatha Yoga Retreat • SOM and GLYTA

March 16 • Semi Annual GLYTA Meeting • Zoom • 7:00 pm ET

March 20 • GLYTA Dues and Ballots Distributed

March 27–29 • Strengthening Courage, Resilience, and Energy Retreat • SOM and GLYTA

April 2 • Banquet Reservation Deadline

April 17–19 • GLYTA Teacher Retreat

April 26 • GLYTA Dues and Ballots Due

April 15 • GLSY Teacher Training Application Deadline

May 2 • GLYTA Annual Banquet

May 8 • GLSY Teacher Training Program Begins

June 19–21 • Summer Solstice Hatha Yoga Retreat • SOM and GLYTA

June 21 • International Day of Yoga

August 2–9 • Convocation • SOM and SRF • Daily Hatha Yoga Classes

September 4–6 • Yogacharya Birthday Observance

September 15 • Semi Annual GLYTA Meeting • Zoom • 7:00 pm ET

September 18–20 • Onward and Upward: Adapting to Change and Moving Through Obstacles Retreat • SOM and GLYTA

September 21 • International Day of Peace

October 16–18 • Paramahansa Yogananda Annual Autumn Retreat • GLYTA

November 6–8 • GLSY Teacher Training Graduation

goldenlotusyoga.org

All times listed are Eastern Time (ET) • Dates and details subject to change

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